

**JUICES**

|                                    |   |
|------------------------------------|---|
| <b>Carrot &amp; Ginger</b>         | 5 |
| <b>Celery, Pear &amp; Cucumber</b> | 6 |
| <b>Fresh Orange Juice</b>          | 6 |

**SMOOTHIES**

|  |   |
|--|---|
| <b>Berry</b><br>Blackberry, Raspberry, Strawberry    | 7 |
| <b>Tropical</b><br>Passion Fruit, Mango, Pineapple   | 7 |
| <b>Strawberry &amp; Banana</b><br>Strawberry, Banana | 7 |
| <b>Goddess</b><br>Kiwi, Kale, Agave, Pineapple       | 7 |

**SHAKES**

|   |   |
|---|---|
| <b>Green Power</b><br>Avocado, Spinach, Apple, Honey, Chia, Almond Milk     | 7 |
| <b>Strawberry Delight</b><br>Strawberries, Ice Cream, Vanilla               | 8 |
| <b>Tropical Thunder</b><br>Mango, Passion Fruit, Coconut, Pineapple, Chilli | 8 |
| <b>Hi-Protein</b><br>Peanut Butter, Banana, Oat Milk, Vegan Protein Powder  | 9 |
| <b>Lux Chocolate</b><br>Cocoa, Ice Cream, Chocolate Syrup                   | 9 |

|                                 |   |
|---------------------------------|---|
| <b>Add Vegan Protein Powder</b> | 4 |
| <b>Add Adaptogen Energy</b>     | 4 |

**COFFEE & TEA**

|                          |     |
|--------------------------|-----|
| <b>Espresso</b>          | 3.5 |
| <b>Macchiato</b>         | 4   |
| <b>Americano</b>         | 4   |
| <b>Flat White</b>        | 4   |
| <b>Latte</b>             | 4   |
| <b>Cappucino</b>         | 4   |
| <b>Mocha</b>             | 5   |
| <b>Matcha</b>            | 5   |
| <b>Selection of Teas</b> | 3.5 |
| <b>Syrups</b>            | 1   |

**HEALTH SHOTS**

|   |   |
|---|---|
| <b>Ginger Shot</b><br>Firey & Full of Vitamin C                 | 3 |
| <b>Fiber Shot</b><br>Citrus Boost that Supports Digestion       | 3 |
| <b>Tumeric Shot</b><br>Earthy & Full of Vitamin B12             | 3 |
| <b>Berry Gut Health Shot</b><br>Vibrant Shot with Live Cultures | 3 |



*Elms*  
BAR & CAFE

**JUICE BAR**