

BREAKFAST
7AM-10AM

Elms

BAR & CAFE

S BADDESLEY RD,
LYMINGTON SO41 5ZB

CONTINENTAL BUFFET 17

Unlimited Tea & Filter Coffee
Banana & Coconut Bread
Freshly Baked Muffins
All Butter Croissants
Cinnamon Swirls
Breads & Spreads
Charcuterie Meats & Cheese
Berries & Greek Yoghurt
Mango, Pineapple & Coconut Yoghurt
Chia Seed Pudding
Fresh Melon & Pineapple
Granola & Cereals
Fruit Juices

FROM THE KITCHEN

Full English Breakfast Two Eggs - Your Way, Bacon, Sausage, Tomato, Mushroom, Hash Brown, Beans	15
Vegetarian Breakfast Two Eggs - Your Way, Grilled Courgette, Tomato, Mushroom, Halloumi, Avocado, Spinach, Beans	15
Açaí Smoothie Bowl Blueberries, Strawberries, Sliced Banana, Pineapple	13
Buttermilk Pancakes Streaky Bacon or Blueberry Compote	13
New York Bagel Smoked Salmon & Cream Cheese	14
Extra Items	2

EGGS

Benedict Toasted English Muffin, Ham Hock, Poached Eggs, Hollandaise Sauce	13
Florentine Toasted English Muffin, Spinach, Poached Eggs, Hollandaise Sauce	12
Royale Toasted English Muffin, Smoked Salmon, Poached Eggs, Hollandaise Sauce	14
Avocado Poached Eggs on Toasted Sourdough, Chilli Flakes	14
Smoked Salmon Scrambled Eggs on Toasted Sourdough	14
Shakshuka Baked Eggs, Tomato, Onion & Cumin Gratin, Coriander	15
Steak 'n' Eggs Flat Iron Steak, Fried Eggs, Fries	19

SHAKES

Green Power Avocado, Spinach, Apple, Honey, Chia, Almond Milk	7
Strawberry Delight Strawberries, Ice Cream, Vanilla	8
Tropical Thunder VE Mango, Passionfruit, Coconut, Pineapple, Chilli	8
Hi-Protein VE Peanut Butter, Banana, Oat Milk, Vegan Protein Powder	9
Lux Chocolate Cocoa, Ice Cream, Chocolate Syrup	9

SMOOTHIES

Berry Blackberry, Raspberry, Strawberry	7
Tropical Passion Fruit, Mango, Pineapple	7
Strawberry & Banana Strawberry, Banana	7
Goddess Kiwi, Kale, Agave, Pineapple	7

JUICES

Carrot & Ginger	5
Celery, Pear & Cucumber	6
Fresh Orange Juice	6

FROM THE BARISTA

Barista Coffee	4
Matcha	5
Pot of Tea or Filter Coffee	3.5

FROM THE BAR

Mimosa	14
Glass of Veuve Clicquot Champagne	19
Bloody Mary	14
Spicy Tomato	9

HEALTH SHOTS

Ginger Shot Firey & Full of Vitamin C	3
Fiber Shot Citrus Boost that Supports Digestion	3
Tumeric Shot Earthy & Full of Vitamin B12	3
Berry Gut Health Shot Vibrant Shot with Live Cultures	3

If you are concerned about any food allergies, intolerances or dietary requirements, please ask a member of the team, who will be delighted to assist.
All prices are inclusive of VAT. A discretionary 12.5% gratuity is added to the bill and divided between all staff, independently from the business.

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